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## NOTES FROM THE MEDICAL PRESS

IN CHARGE OF

ELISABETH ROBINSON SCOVIL

**THE DIETARY VALUE OF FRUITS.**—*The Journal of the American Medical Association* says that the recent investigations of Osborne and Wendel show that certain fruits and green vegetables contain beside their antiscorbutic value the antineuritic vitamine known as water soluble B. This is particularly true of the edible parts of the orange, lemon, and grape fruit and the efficiency of these juices is not lost by desiccation. The richness of orange juice in water soluble vitamine is comparable, volume for volume, with that of cow's milk, not to the nutrients as sources of energy, but only to the content of vitamine. Some fat soluble vitamine A. may also be present in orange juice. Its dietary value seems fully justified.

**IMMUNITY AGAINST DIPHTHERIA.**—*The American Journal of Diseases of Children* reports the result of tests made on over 1,000 children in an institution during five years. The injection of toxin-antitoxin caused immunity in 100 per cent of a group of fifty children for at least 22 months. It is claimed that it is possible to keep the inmates in a child-caring institution free from diphtheria for five years by injecting susceptible children with toxin-antitoxin mixtures. The susceptibility must be determined by the Shick reaction.

**EMERGENCY DRESSING PARCEL.**—The American Red Cross has adopted, and the Surgeon-General of the Army, the Section on Surgery of the American Medical Association, the American College of Surgeons and the Conference Board of Physicians in Industrial Practice have endorsed, a standard emergency surgical dressing parcel. It is wrapped in sterilized and paraffined heavy brown paper and contains ten gauze compresses, one absorbent pad, one rolled wadding bandage, one cotton bandage, one gauze bandage, one triangular bandage, one safety pin.

**SECRET REMEDIES.**—At the annual meeting of the British Medical Association it was resolved that a physician should not make use of, or recommend, any remedy of whose principal ingredients the profession had not been informed.

**A NEW SPECIALIST.**—A new specialist has appeared in the person of the flight surgeon. It was found from careful observation that 90 per cent of aviation casualties were due to trouble with the flying men; 8 per cent to defective air planes; and only 2 per cent to the enemy,—hence the necessity for proper medical supervision of the fliers. This reduced the casualties to 12 per cent.